

## CRAFFT

CRAFFT is a mnemonic. The CRAFFT is a behavioral health screening tool for use with children under the age of 21 and is recommended by the American Academy of Pediatrics' Committee on Substance Abuse for use with adolescents. It consists of a series of 6 questions developed to screen adolescents for high risk alcohol and other drug use disorders simultaneously. It is a short, effective screening tool meant to assess whether a longer conversation about the context of use, frequency, and other risks and consequences of alcohol and other drug use is warranted.

Screening using the CRAFFT begins by asking the adolescent to "Please answer these next questions honestly"; telling him/her "Your answers will be kept confidential"; and then asking three opening questions.

If the adolescent answers "No" to all three opening questions, the provider only needs to ask the adolescent the first question - the CAR question. If the adolescent answers "Yes" to any one or more of the three opening questions, the provider asks all six CRAFFT questions. acronym of first letters of key words in the six screening questions. The questions should be asked exactly as written.

**C** Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?

**R** Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?

**A** Do you ever use alcohol/drugs while you are by yourself, ALONE?

**F** Do you ever FORGET things you did while using alcohol or drugs?

**F** Do your family or FRIENDS ever tell you that you should cut down on your drinking or drug use?

**T** Have you gotten into TROUBLE while you were using alcohol or drugs?