

MRQ

SURVEY INSTRUCTIONS: Listed below are several statements that concern the topic of intimate relationships. For the purpose of this questionnaire, an intimate relationship should be thought of as a close relationship with a single partner in which there is some sexual attraction. Please read each of the following statements carefully and decide to what extent it is characteristic of you. Some of the items refer to a specific intimate relationship. Whenever possible, answer the questions with your current partner in mind. If you are not currently dating anyone, answer the questions with your most recent partner in mind. If you have never had an intimate relationship, answer in terms of what you think your responses would most likely be. Then, for each statement fill in the response on the answer sheet that indicates how much it applies to you by using the following scale:

- A = Not at all characteristic of me.
- B = Slightly characteristic of me.
- C = Somewhat characteristic of me.
- D = Moderately characteristic of me.
- E = Very characteristic of me.

NOTE:

Remember to respond to all items, even if you are not completely sure.
Also, please be honest in responding to these statements.

	Not at all	Slightly	Somewhat	Moderately	Very
1. I am confident about myself as an intimate partner.					
2. I think about intimate relationships all the time.					
3. My intimate relationships are something that I am largely responsible for.					
4. I reflect about my intimate relationships a lot.					
5. I'm very motivated to be involved in an intimate relationship.					
6. Intimate relationships make me feel nervous and anxious.					
7. I'm very assertive in my intimate relationships.					
8. I feel depressed about my intimate relationship.					
9. My intimate relationships are determined mostly by chance happenings.					
10. I'm concerned about what other people think of my intimate relationships.					
11. I am somewhat afraid of becoming intimately involved with a partner.					
12. I am very satisfied with the way my intimate needs are currently being met.					
13. I think of myself as a pretty good intimate partner.					
14. I think about intimate relationships more than anything else.					
15. My intimate relationships are determined in large part by my own behavior.					

16. I usually spend time thinking about my intimate relationships.					
17. I'm strongly motivated to devote time and effort to an intimate relationship.					
18. I am somewhat awkward and tense in intimate relationships.					
19. I'm very direct about voicing preferences in my intimate relationships.					
20. I feel unhappy about my intimate relationship.					
21. Most things that affect my intimate relationships happen to me by accident.					
22. I'm concerned about the way my intimate relationships are presented to others.					
23. I sometimes have a fear of intimate relationships.					
24. I am very satisfied with my intimate relationship.					
25. I am better at intimate relationships than most other people.					
26. I tend to be preoccupied with intimate relationships.					
27. I exert a great deal of control over my intimate relationships.					
28. I'm always trying to understand by intimate relationships.					
29. I have a strong desire to be involved in an intimate relationship.					
30. I feel nervous when I interact with a partner in an intimate relationship.					
31. I am somewhat passive about expressing my desires in intimate relationships.					
32. I feel discouraged about my intimate relationship.					
33. Luck plays a big part in influencing the nature of my intimate relationships.					
34. I usually worry about the impression my intimate relationships have on others.					
35. On occasion, I am fearful of intimate involvement with a partner.					
36. My intimate relationship meets my original expectations.					
37. I would rate myself pretty favorably as an intimate partner.					
38. I'm constantly thinking about being in an intimate relationship.					
39. The main thing which affects my intimate relationships is what I myself do.					
40. I'm very alert to changes in my intimate relationships.					
41. It's really important to me that I involve myself in an intimate relationship.					

42. I am more anxious about intimate relationships than most people are.					
43. I do not hesitate to ask for what I want in an intimate relationship.					
44. I feel disappointed about my intimate relationship.					
45. My intimate relationships are largely a matter of fortune (good or bad).					
46. I'm usually alert to other's reactions to my intimate relationships.					
47. I don't have very much fear about being involved in an intimate relationship.					
48. My intimate relationship is very good compared to most.					
49. I would be very confident in an intimate relationship.					
50. I think about intimate relationships the majority of the time.					
51. My intimate relationships are something that I myself am in charge of.					
52. I'm very aware of the nature in my intimate relationships.					
53. I strive to keep myself involved in an intimate relationship.					
54. I feel inhibited and shy in an intimate relationship.					
55. When it comes to intimate relationships, I usually ask for what I want.					
56. I feel sad when I think about my intimate relationship.					
57. The nature of my intimate relationships is really a matter of fate or destiny.					
58. I usually notice the way that others react to my intimate relationships.					
59. I'm not very afraid of becoming involved in an intimate relationship.					
60. I am very satisfied with the intimate aspects of my life.					

61. I responded to the above items based on:

- (A) My current relationship.
- (B) A past close relationship.
- (C) An imagined close relationship.

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