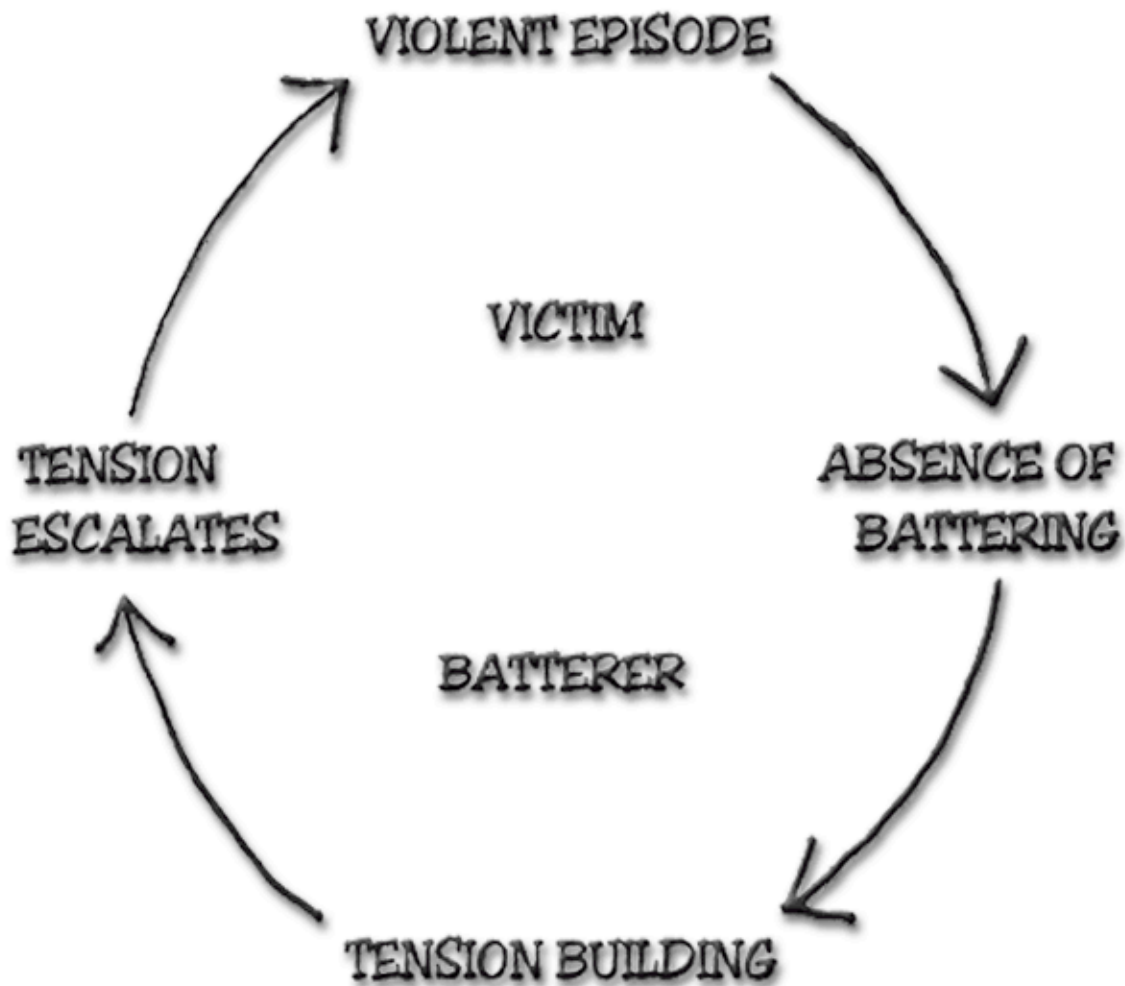


# THE CYCLE OF VIOLENCE



**The Cycle of Violence includes 3 stages:**

**The Tension Building Stage**

**The Violent Episode**

**The Absence of Violence Stage**

Domestic violence increases in frequency and severity.  
It is never an isolated incident or a one-time occurrence.