

**Child and Adolescent Psychiatry Consulting and Horses Treat
Request for Treatment Services
In Your Own Words**

1. What concerns are bringing you to treatment?

2. What are your goals for treatment?

3. What will things be like if treatment is successful?

4. Describe the supports that you have and can depend upon during difficult or challenging times?

5. What strengths do you have that can help you with this difficult situation?